Life in Mind

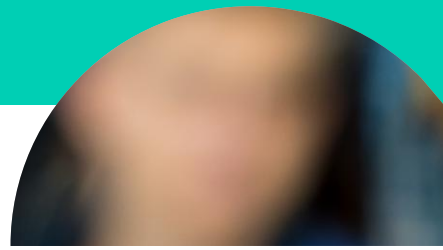




Australian Bureau of Statistics, Causes of Death, 2025

State and territory suicide data summary





An EVERYMIND program

Released on 27 October 2026

About this summary

- This summary was prepared by Everymind using the Australian Bureau of Statistics (ABS) Causes of Death data 2025, released 27 October 2026.
- When exploring suicide data, it is important to remember that behind the numbers are individuals, families and communities impacted by suicide in Australia. By combining the knowledge in this data with other Australian data sets and the wisdom of those with lived and living experience, we will increase opportunities to reduce suicide and its impacts.
- Media and others communicating publicly about this data are reminded to be responsible and accurate. Resources to support reporting and other communication are available at mindframe.org.au/guidelines
- A full summary of data can be found on the *Life in Mind* portal at lifeinmind.org.au/suicide-data/australian-bureau-of-statistics/abs-causes-of-death-data-2025

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Notes about using statistics

- The Australian Bureau of Statistics advises that care should be taken in comparing 2025 data with:
  - Previous years, as some data has been subject to quality improvement processes and some cases are yet to be resolved.
  - Pre-2006 data, as this data was not subject to the revision process.
- For data from 2013 onwards, Causes of Death data is presented by the year the death was registered.
- Due to the relatively small population size in some states and territories, even one or two deaths can have a significant impact on state-specific age-standardised suicide rates. Therefore, comparisons across Australia must be done with caution.

This release includes 2025 preliminary data, 2024 preliminary revised data and 2023 revised data. Data for 2015 to 2022 are considered final.

Key terms

Throughout this summary, **rates** are used to describe patterns and trends in the data. Alongside the number of suicide deaths, they help us to better understand and compare suicidal behaviours in different groups and over time.

Crude rates

A crude rate is the number of deaths divided by the population times 100,000.

$$\left(\frac{Number\ of\ suicide\ deaths}{Number\ of\ people\ in\ the\ population}\right) \times 100{,}000$$

Crude rates do not account for population differences, such as proportions of people of different ages ('age structures'), when comparing different groups.

Age-specific rates

Age-specific rates are used to measure how many deaths occurred in a specific age group.

This is calculated by dividing the number of suicide deaths in a particular age group by the total number of people in the specific age group.

$$\left(\frac{Number\ of\ suicide\ deaths\ in\ age\ group}{Number\ of\ people\ in\ the\ population\ age\ group}\right) \times 100{,}000$$

Age-standardised rates

Age-standardised rates use a formula to calculate a rate that reflects a 'standard' age structure of the population. This is useful to be able to make fairer comparisons between groups or populations over time.

It is best to use age-standardised rates when comparing populations with different age groups, for example, male and female if possible.

State and territory summary

- **Three-quarters** (75%) of people who died by suicide had a usual residence in New South Wales (916), Queensland (780) or Victoria (770).
- Northern Territory recorded the highest suicide rate (**18.6 per 100,000**).
- The Australian Capital Territory recorded the lowest suicide rate (**7.7 per 100,000**).



Australian Capital Territory

Territory summary

In 2025:

- 40 people died by suicide (**31** male, **9** female).
- The age-standardised suicide rate was **7.7 per 100,000**. This is lower than the national rate of 11.6 per 100,000.
- The age-standardised suicide rate for males was **12.3 per 100,000.**
- The age-standardised suicide rate for females was not available for publication.

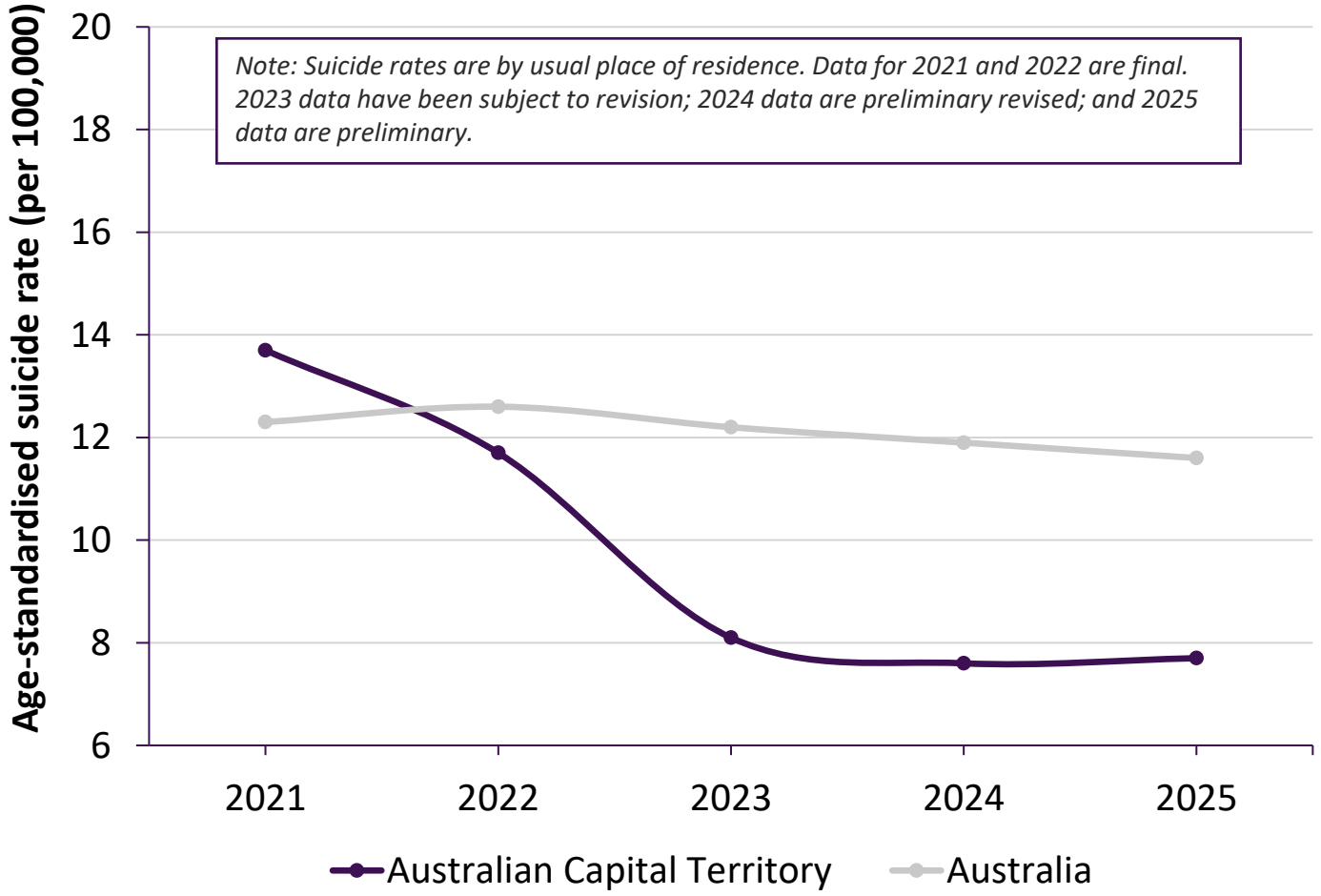


*Age-standardised suicide rates for the Australian Capital Territory

Australian Capital Territory

ACT compared to Australia

- The Australian Capital Territory had an age-standardised rate of **7.7 per 100,000**, similar to the rate in 2024 (7.6 per 100,000).
- The ACT rate has been lower than the national average for the last four years.



Australian Capital Territory

Suicide rates by Primary Health Network

- The Australian Capital Territory PHN had an age-standardised suicide rate of **7.7 per 100,000.**
- This is lower than the rate for all of Australia (11.6 per 100,000).

Australian Capital Territory, 2025	
Primary Health Network	**Rate**
Australian Capital Territory	7.7
Australia	**11.6**

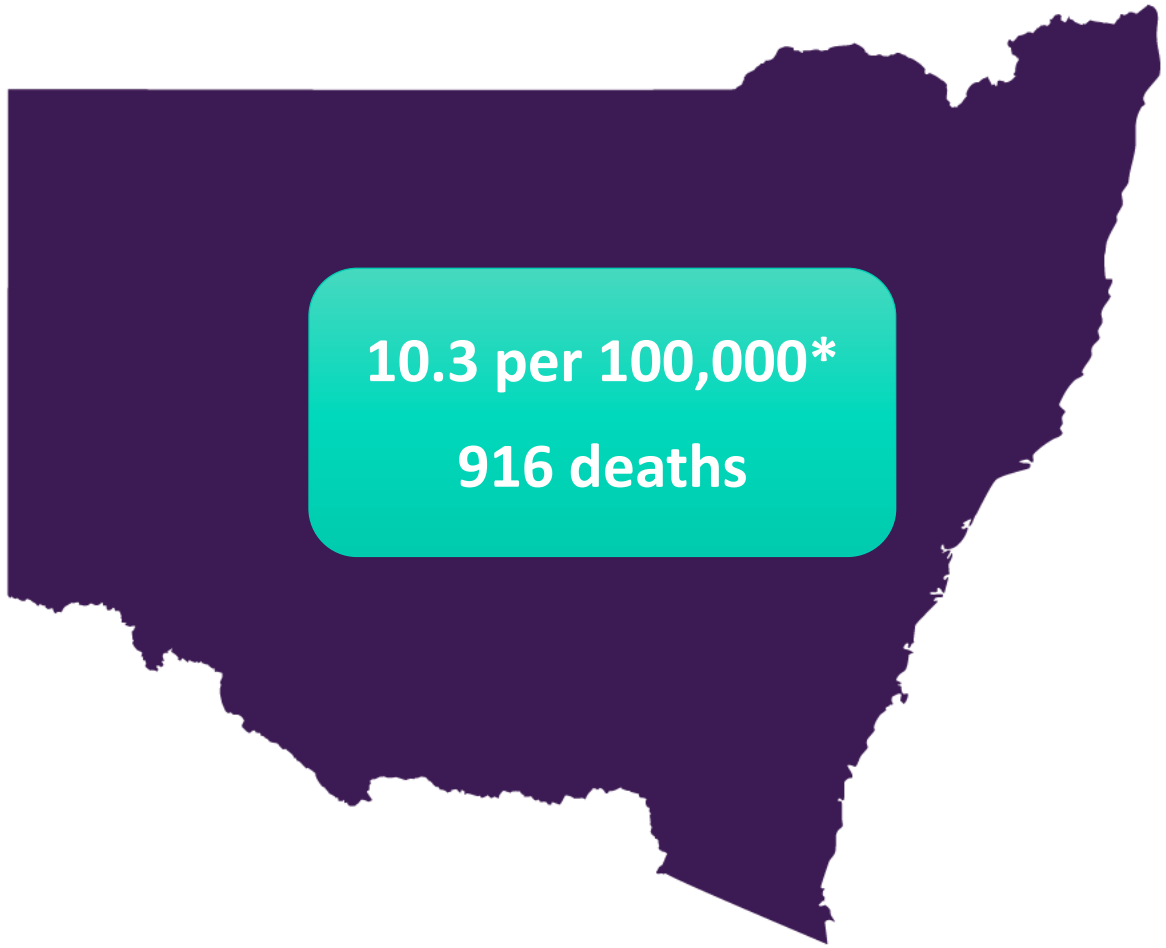
Note: Rates are age-standardised per 100,000. 2025 data are preliminary.

New South Wales

State summary

In 2025:

- 916 people died by suicide (**669** male, **247** female).
- The age-standardised suicide rate was **10.3 per 100,000**. This is lower than the national rate of 11.6 per 100,000.
- The age-standardised suicide rate for males was **15.2 per 100,000**.
- The age-standardised suicide rate for females was **5.5 per 100,000**.

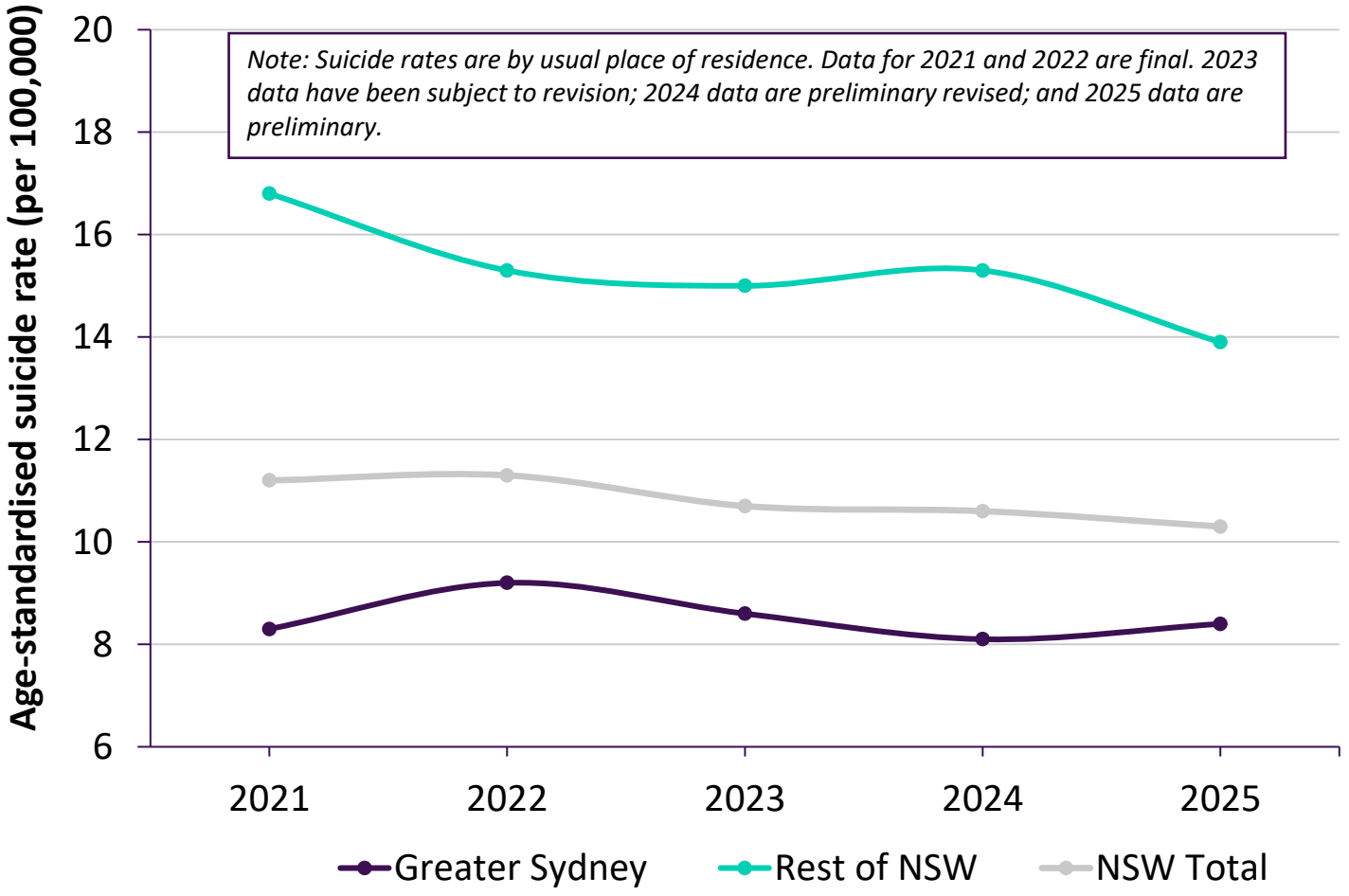


*Age-standardised suicide rates for New South Wales

New South Wales

Capital city compared to rest of state

- Greater Sydney had a **lower** suicide rate compared to the rest of NSW.
- A similar trend was observed across all states and territories.



New South Wales

Suicide rates by Primary Health Network

- Overall, PHNs in regional and remote areas had higher suicide rates, while PHNs in major cities had lower rates.
- North Coast PHN had the **highest** age-standardised suicide rate in New South Wales (16.2 per 100,000).
- Western Sydney PHN had the **lowest** age-standardised suicide rate in New South Wales (6.6 per 100,000).

New South Wales, 2025	
Primary Health Network	**Rate**
North Coast	16.2
Hunter New England and Central Coast	13.7
Western NSW	13.3
Murrumbidgee	13.0
Nepean Blue Mountains	12.8
South Eastern NSW	12.7
Central and Eastern Sydney	9.1
Northern Sydney	7.5
South Western Sydney	7.5
Western Sydney	6.6
Whole of New South Wales	**10.3**
Australia	**11.6**

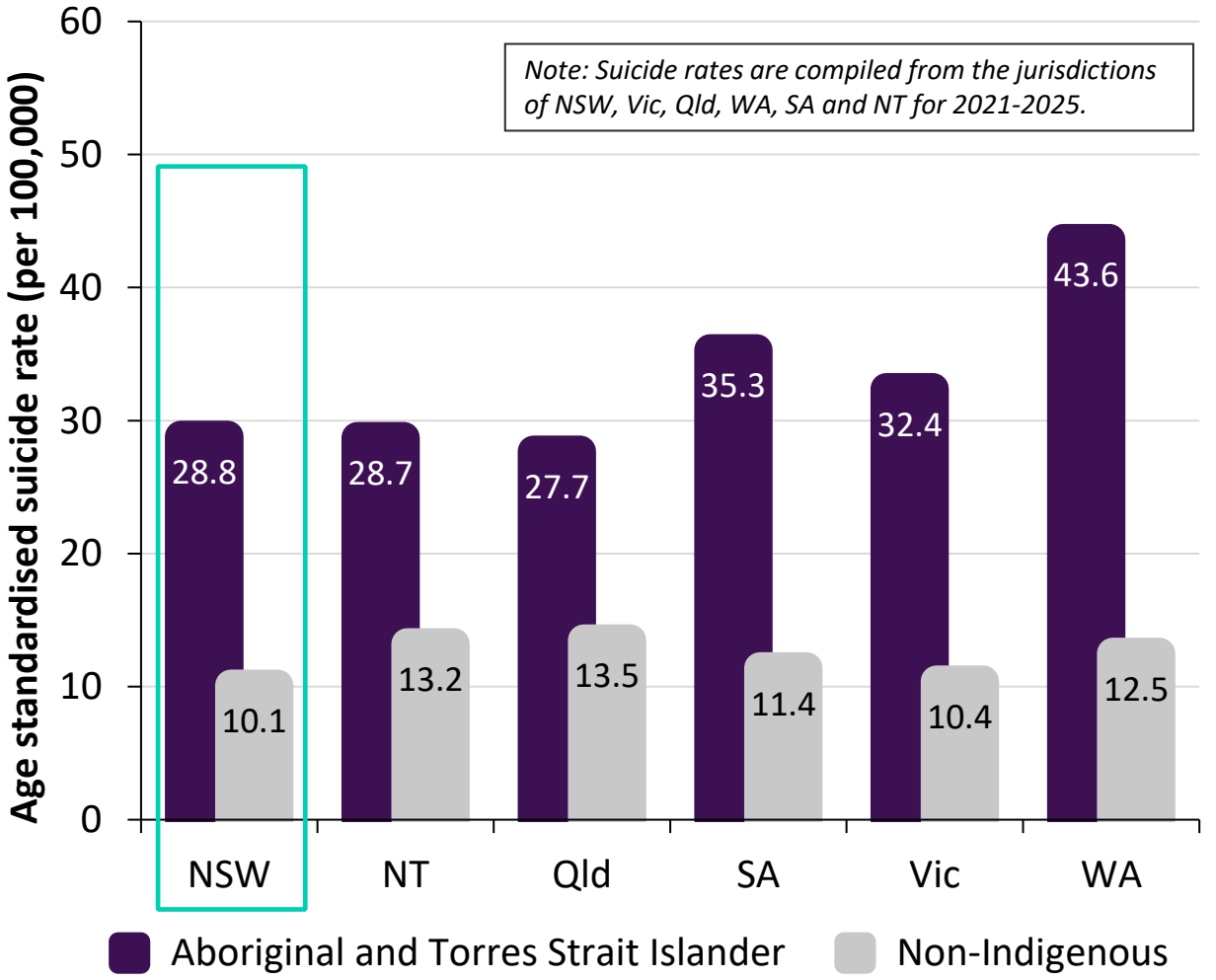
Note: Rates are age-standardised per 100,000. 2025 data are preliminary.

New South Wales

Suicide rates for Aboriginal and Torres Strait Islander people

Rates of suicide can change a lot each year, especially in smaller states or territories. Combining data across five years (2021-2025) helps to give more reliable rate estimates.

- Across the five years, **416** Aboriginal and Torres Strait Islander people died by suicide in New South Wales.
- The age-standardised suicide rate for Aboriginal and Torres Strait Islander people (28.8 per 100,000) was **2.9 times higher** than the non-Indigenous age-standardised suicide rate (10.1 per 100,000).



Northern Territory

Territory summary

In 2025:

- **47** people died by suicide (**27** male, **20** female).
- The age-standardised suicide rate was **18.6 per 100,000**.
- The age-standardised suicide rate for males was **21.2 per 100,000.**
- The age-standardised suicide rate for females was **16.5 per 100,000.**

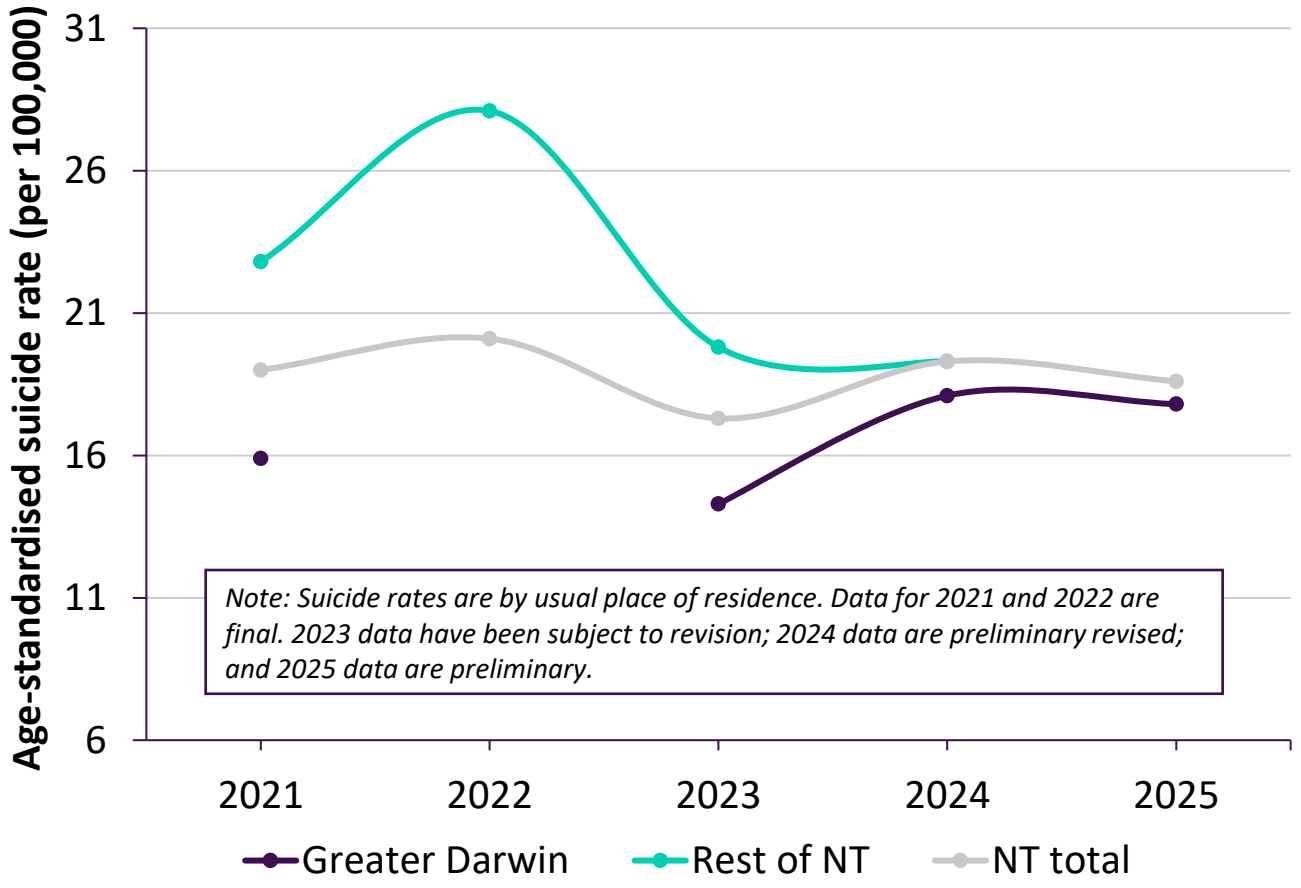


*Age-standardised suicide rates for the Northern Territory

Northern Territory

Capital city compared to rest of territory

- The suicide rate for the rest of the Northern Territory outside of Greater Darwin was not available for publication.
- In previous years, the rate for Greater Darwin has been lower than that observed in the rest of the Northern Territory.



Northern Territory

Suicide rates by Primary Health Network

- The Northern Territory PHN had an age-standardised suicide rate of **18.6 per 100,000**.
- This is **higher** than the rate for all of Australia (11.6 per 100,000).

Northern Territory, 2025	
Primary Health Network	**Rate**
Northern Territory	18.6
Australia	**11.6**

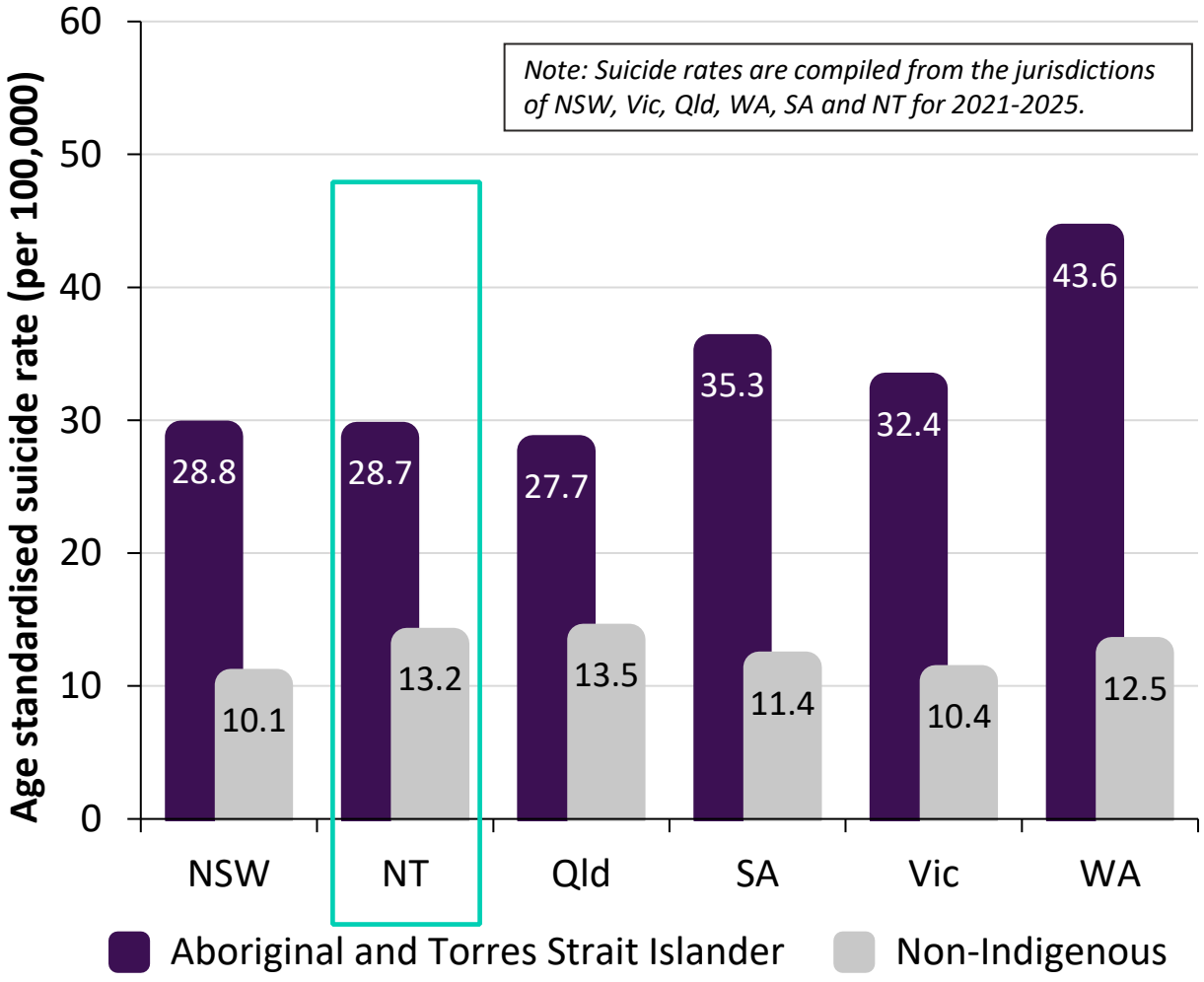
Note: Rates are age-standardised per 100,000. 2025 data are preliminary.

Northern Territory

Suicide rates for Aboriginal and Torres Strait Islander people

Rates of suicide can change a lot each year, especially in smaller states or territories. Combining data across five years (2021-2025) helps to give more reliable rate estimates.

- Across the five years, **121** Aboriginal and Torres Strait Islander people died by suicide in the Northern Territory.
- The age-standardised suicide rate for Aboriginal and Torres Strait Islander people (28.7 per 100,000) was **2.2 times higher** than the non-Indigenous age-standardised suicide rate (13.2 per 100,000).



Queensland

State summary

In 2025:

- **780** people died by suicide (**592** male, **188** female).
- The age-standardised suicide rate was **13.4 per 100,000**. This is higher than the national rate of 11.6 per 100,000.
- The age-standardised suicide rate for males was **20.6 per 100,000**.
- The age-standardised suicide rate for females was **6.6 per 100,000**.

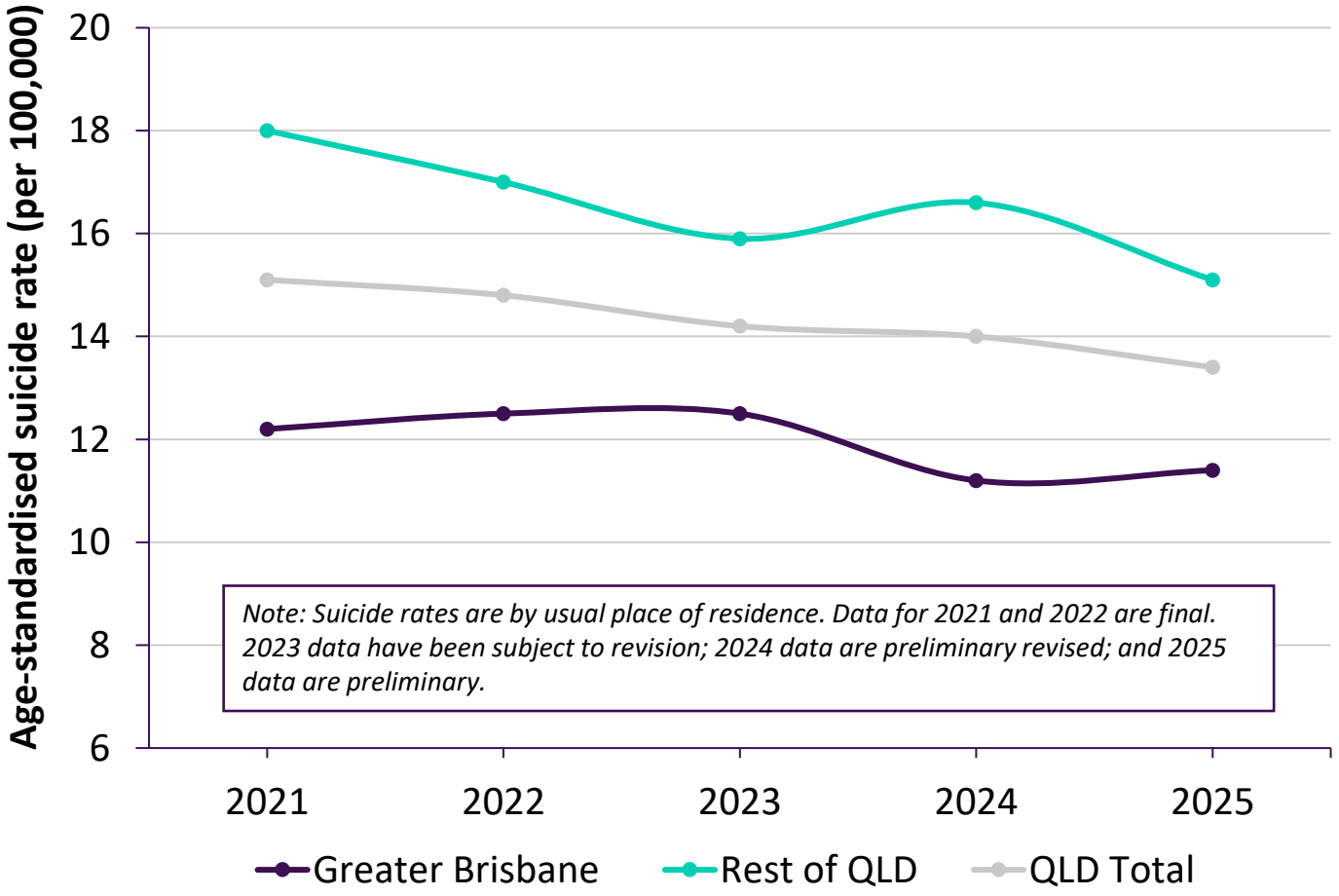


*Age-standardised suicide rates for Queensland

Queensland

Capital city compared to rest of state

- Greater Brisbane had a **lower** suicide rate compared to the rest of Queensland.
- A similar trend was observed across all states and territories.



Queensland

Suicide rates by Primary Health Network

- Overall, PHNs in regional and remote areas had higher suicide rates, whilst PHNs in major cities had lower rates.
- Northern Queensland PHN had the **highest** age-standardised suicide rate in Queensland (20.0 per 100,000).
- Brisbane North had the **lowest** age-standardised suicide rate in Queensland (10.4 per 100,000).
- The age-standardised rate for Western Queensland PHN was not available for publication.

Queensland, 2025	
Primary Health Network	**Rate**
Northern Queensland	20.0
Central Queensland, Wide Bay, Sunshine Coast	15.4
Darling Downs and West Moreton	14.3
Brisbane South	11.2
Gold Coast	10.6
Brisbane North	10.4
Western Queensland	n.p
Whole of Queensland	**13.4**
Australia	**11.6**

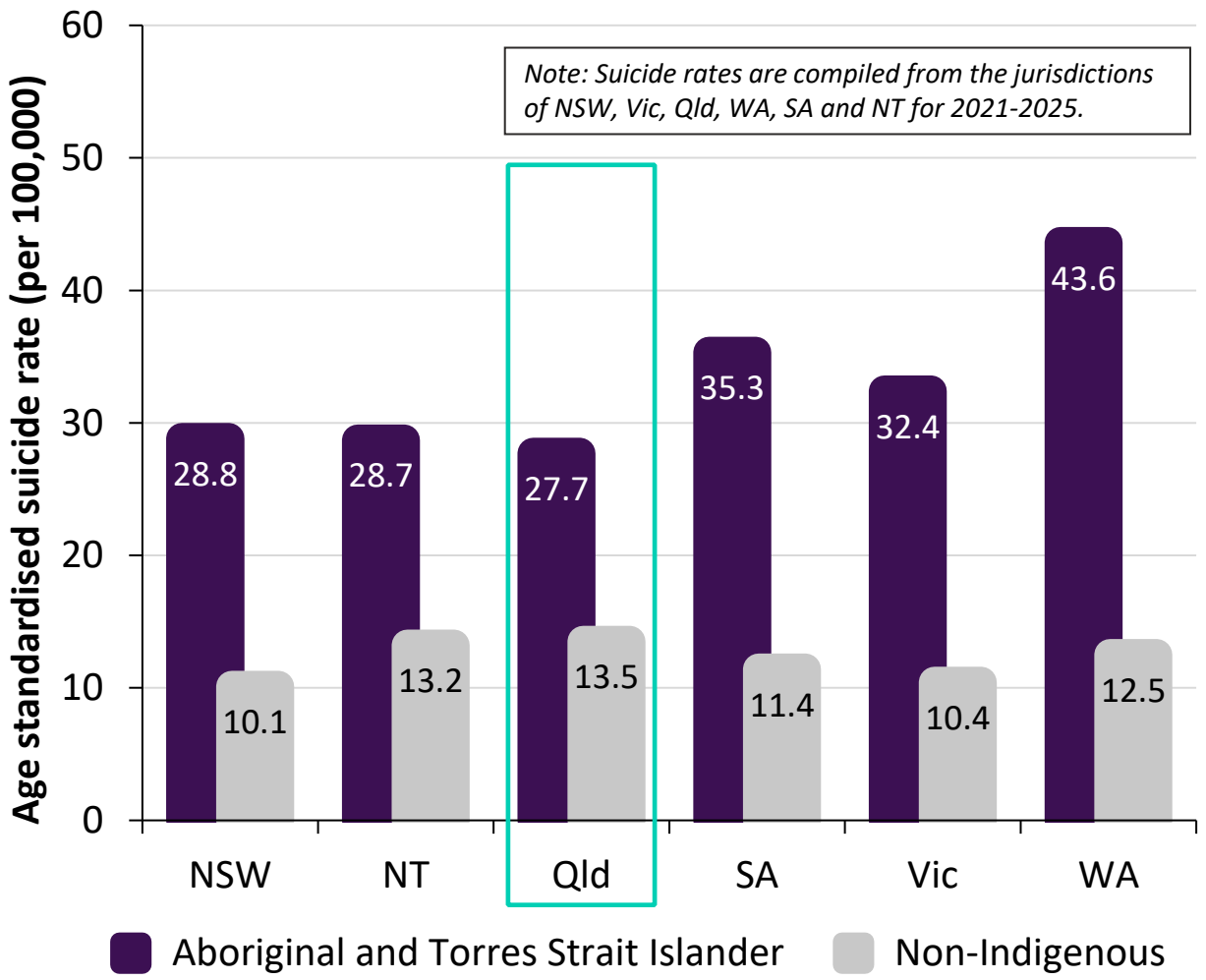
Note: Rates are age-standardised per 100,000. 2025 data are preliminary.

Queensland

Suicide rates for Aboriginal and Torres Strait Islander people

Rates of suicide can change a lot each year, especially in smaller states or territories. Combining data across five years (2021-2025) helps to give more reliable rate estimates.

- Across the five years, **354** Aboriginal and Torres Strait Islander people died by suicide in Queensland.
- The age-standardised suicide rate for Aboriginal and Torres Strait Islander people (27.7 per 100,000) was **2.1 times higher** than the non-Indigenous age-standardised suicide rate (13.5 per 100,000).

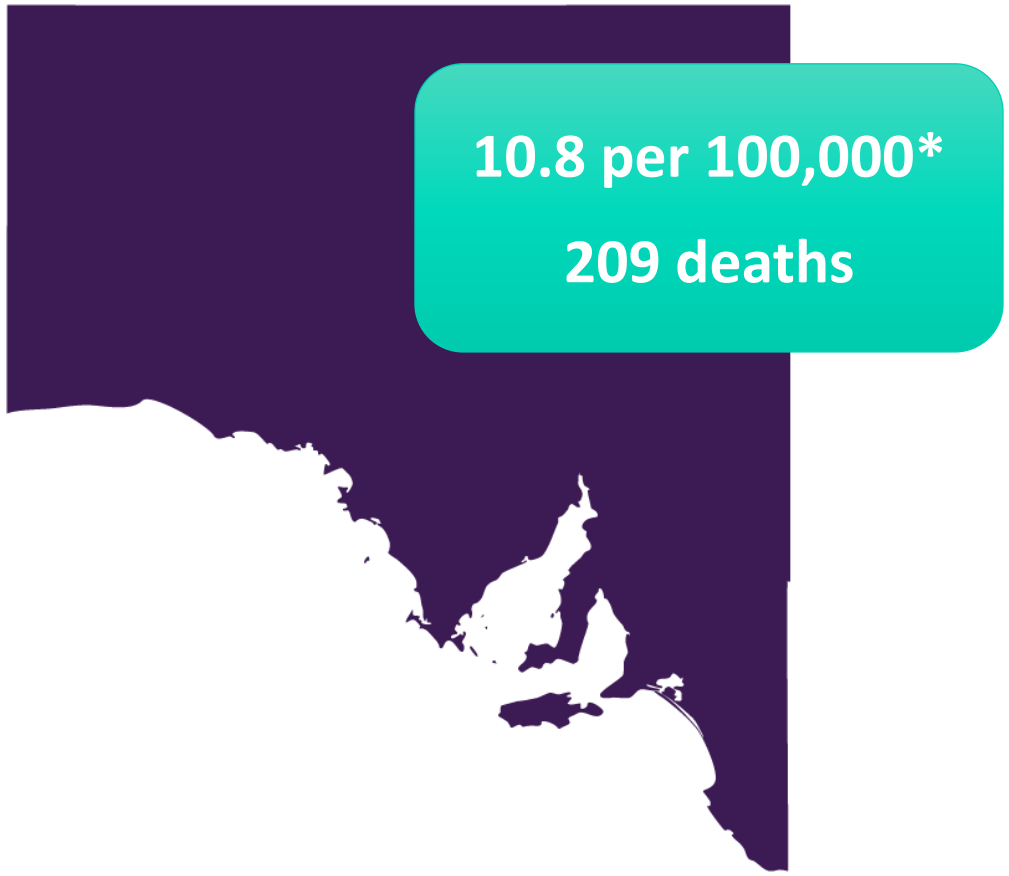


South Australia

State summary

In 2025:

- **209** people died by suicide (**161** male, **48** female).
- The age-standardised suicide rate was **10.8 per 100,000**. This is lower than the national rate of 11.6 per 100,000.
- The age-standardised suicide rate for males was **16.9 per 100,000**.
- The age-standardised suicide rate for females was **4.9 per 100,000**.

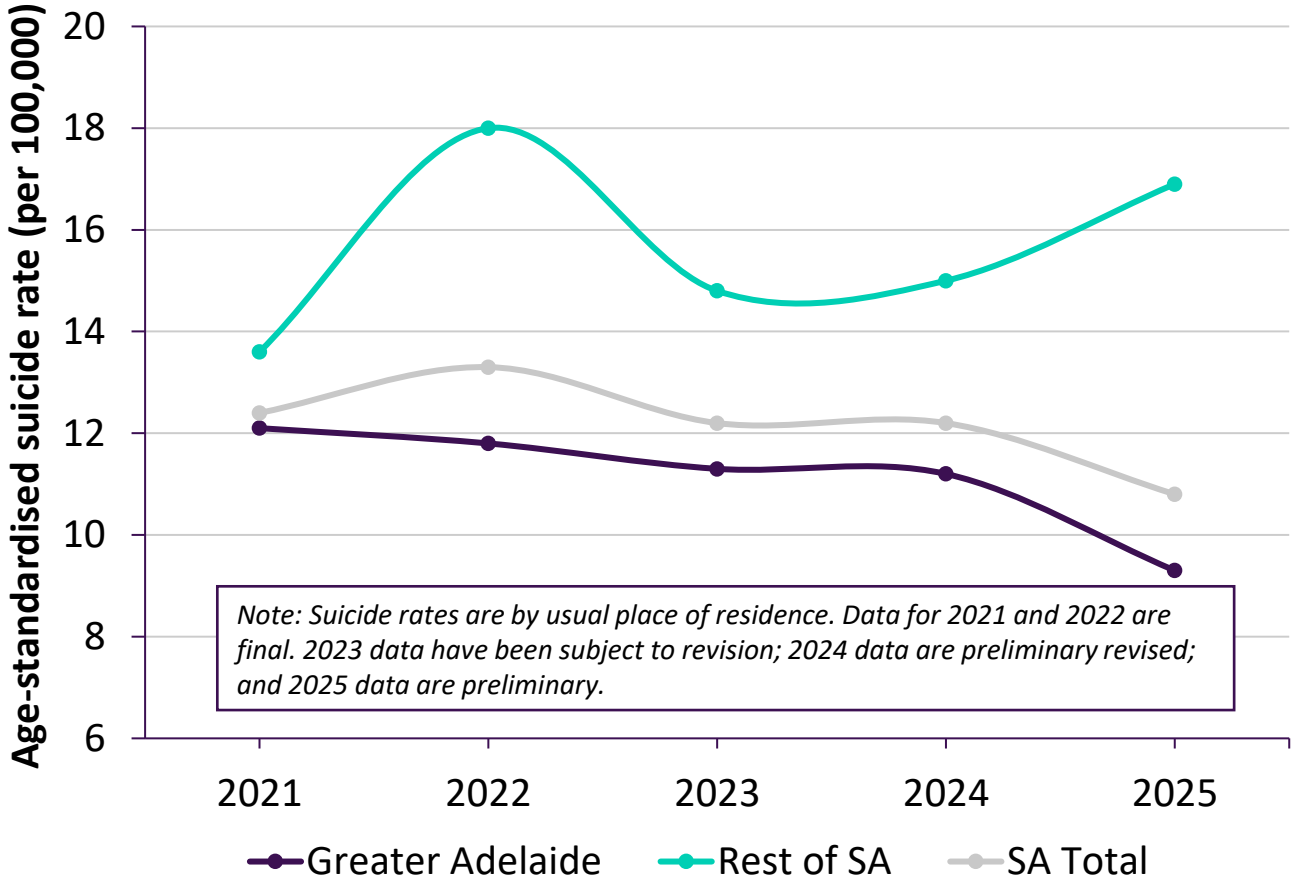


*Age-standardised suicide rates for South Australia

South Australia

Capital city compared to rest of state

- Greater Adelaide had a **lower** suicide rate compared to the rest of South Australia.
- A similar trend was observed across all states and territories.



South Australia

Suicide rates by Primary Health Network

- Country SA PHN had a **higher** age-standardised suicide rate (14.0 per 100,000).
- Adelaide had a **lower** age-standardised suicide rate (9.6 per 100,000).

South Australia, 2025	
Primary Health Network	**Rate**
Country SA	14.0
Adelaide	9.6
Whole of South Australia	**10.8**
Australia	**11.6**

Note: Rates are age-standardised per 100,000. 2025 data are preliminary.

South Australia

Suicide rates for Aboriginal and Torres Strait Islander people

Rates of suicide can change a lot each year, especially in smaller states or territories. Combining data across five years (2021-2025) helps to give more reliable rate estimates.

- Across the five years, **84** Aboriginal and Torres Strait Islander people died by suicide in South Australia.
- The age-standardised suicide rate for Aboriginal and Torres Strait Islander people (35.3 per 100,000) was **3.1 times higher** than the non-Indigenous age-standardised suicide rate (11.4 per 100,000).

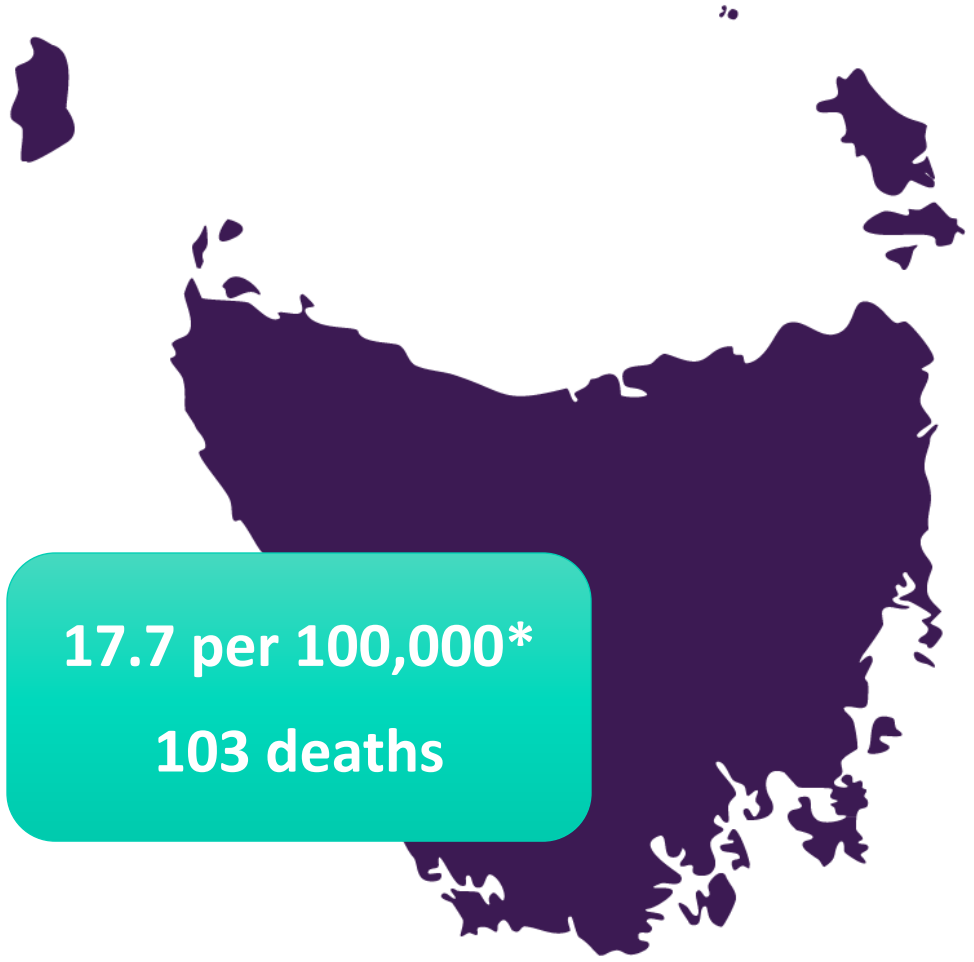


Tasmania

State summary

In 2025:

- **103** people died by suicide (**82** male, **21** female).
- The age-standardised suicide rate was **17.7 per 100,000**. The age-standardised suicide rate for males was **28.6 per 100,000**.
- The age-standardised suicide rate for females was **7.0 per 100,000**.

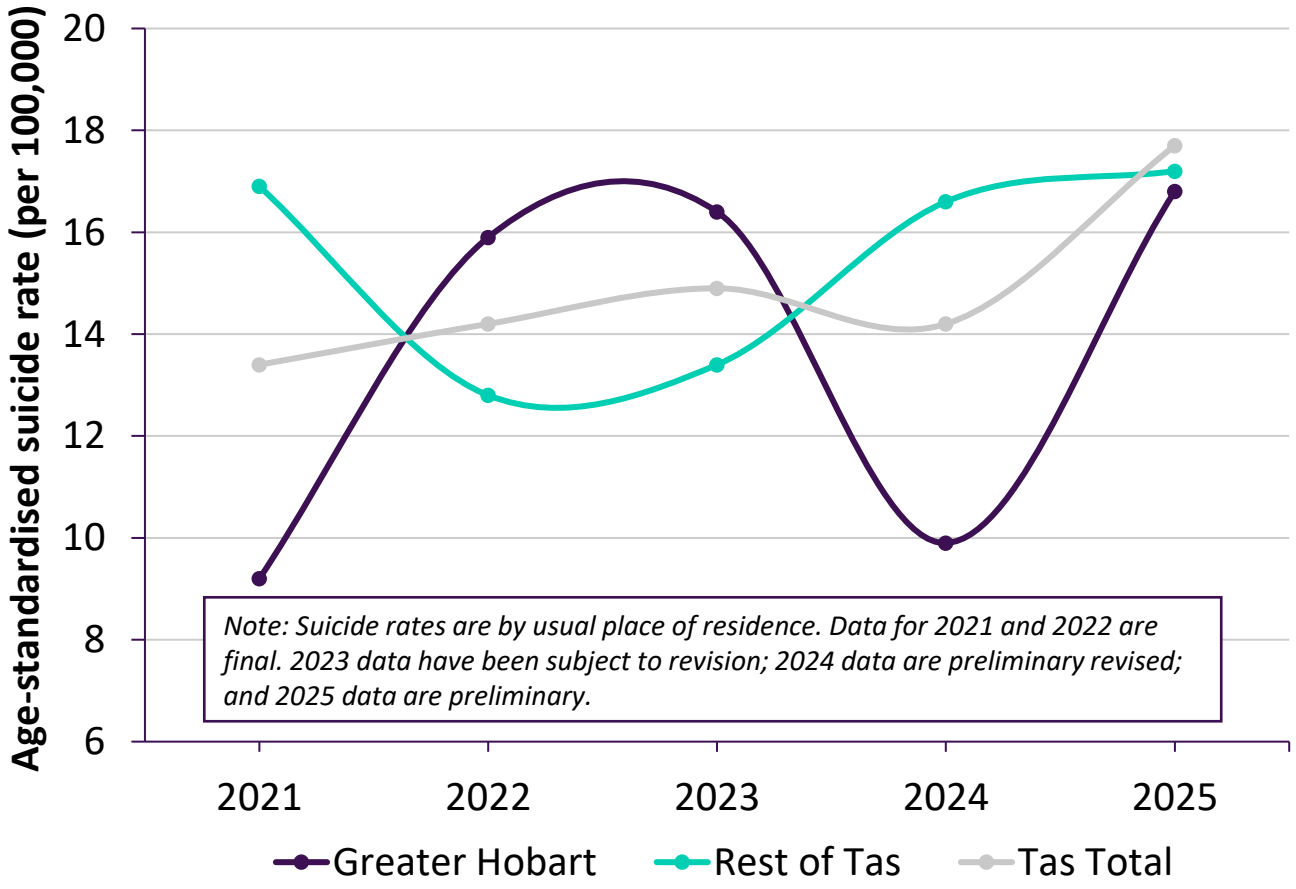


*Age-standardised suicide rates for Tasmania

Tasmania

Capital city compared to rest of state

- In 2025, Greater Hobart had a **lower** suicide rate compared to the rest of Tasmania.
- However, this trend has varied across previous years.



Tasmania

Suicide rates by Primary Health Network

- The Tasmania PHN had an age-standardised suicide rate of **17.7 per 100,000**.
- This is **higher** than the rate for all of Australia (11.6 per 100,000).

Tasmania, 2025	
Primary Health Network	**Rate**
Tasmania	17.7
Australia	**11.6**

Note: Rates are age-standardised per 100,000. 2025 data are preliminary.

Victoria

State summary

In 2025:

- **770** people died by suicide (**558** male, **212** female).
- The age-standardised suicide rate was **10.6 per 100,000**. This is lower than the national rate of 11.6 per 100,000.
- The age-standardised suicide rate for males was **15.6 per 100,000**.
- The age-standardised suicide rate for females was **5.8 per 100,000**.



*Age-standardised suicide rates for Victoria

Victoria

Capital city compared to rest of state

- Greater Melbourne had a **lower** suicide rate compared to the rest of Victoria.
- A similar trend was observed across all states and territories.



Victoria

Suicide rates by Primary Health Network

- Overall, PHNs in regional and remote areas had higher suicide rates, whilst PHNs in major cities had lower rates.
- Gippsland PHN had the **highest** age-standardised suicide rate in Victoria (18.8 per 100,000).
- Eastern Melbourne had the **lowest** age-standardised suicide rate in Victoria (8.7 per 100,000).

Victoria	
Primary Health Network	**2025 rate**
Gippsland	18.8
Murray	15.2
Western Victoria	12.5
South Eastern Melbourne	10.1
North Western Melbourne	9.1
Eastern Melbourne	8.7
Whole of Victoria	**10.6**
Australia	**11.6**

Note: Rates are age-standardised per 100,000. 2025 data are preliminary.

Victoria

Suicide rates for Aboriginal and Torres Strait Islander people

Rates of suicide can change a lot each year, especially in smaller states or territories. Combining data across five years (2021-2025) helps to give more reliable rate estimates.

- Across the five years, **120** Aboriginal and Torres Strait Islander people died by suicide in Victoria.
- The age-standardised suicide rate for Aboriginal and Torres Strait Islander people (32.4 per 100,000) was **3.1 times higher** than the non-Indigenous age-standardised suicide rate (10.4 per 100,000).

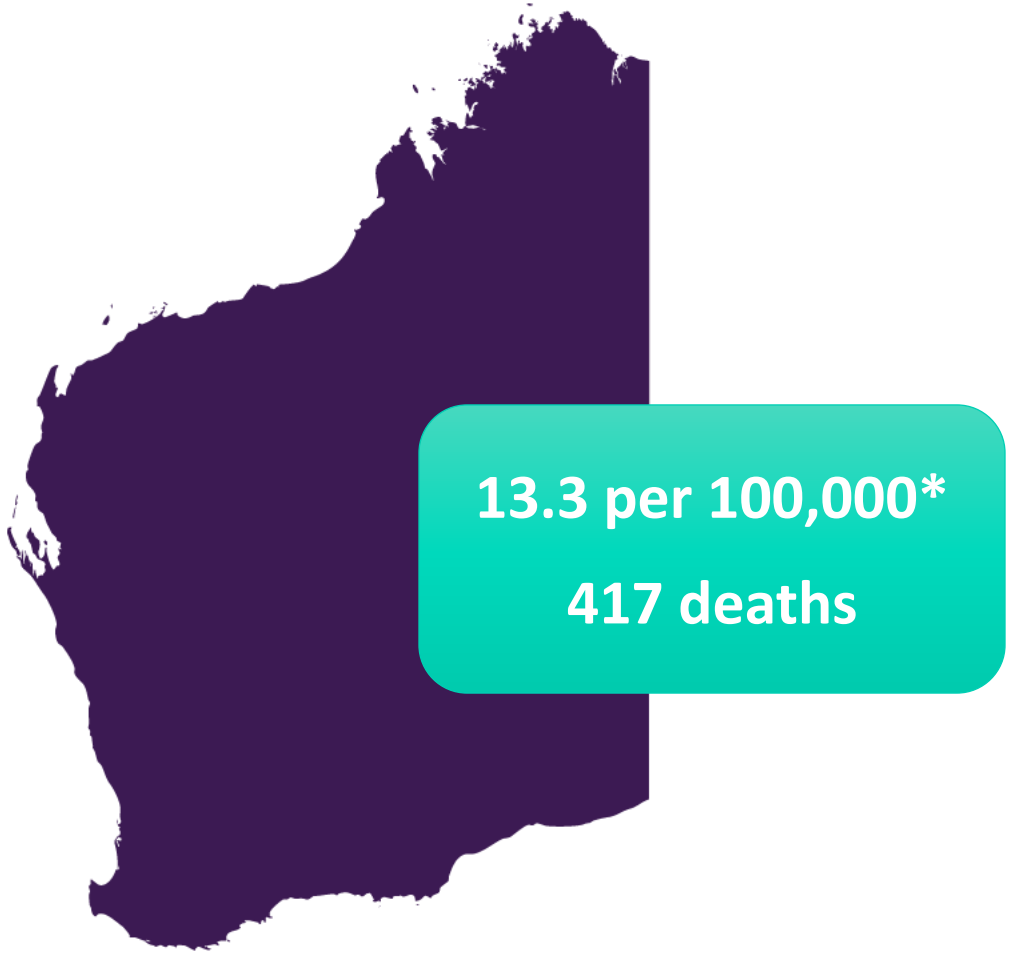


Western Australia

State summary

In 2025:

- **417** people died by suicide (**304** male, **113** female).
- The age-standardised suicide rate was **13.3 per 100,000**. This is higher than the national rate of 11.6 per 100,000.
- The age-standardised suicide rate for males was **19.2 per 100,000**.
- The age-standardised suicide rate for females was **7.4 per 100,000**.

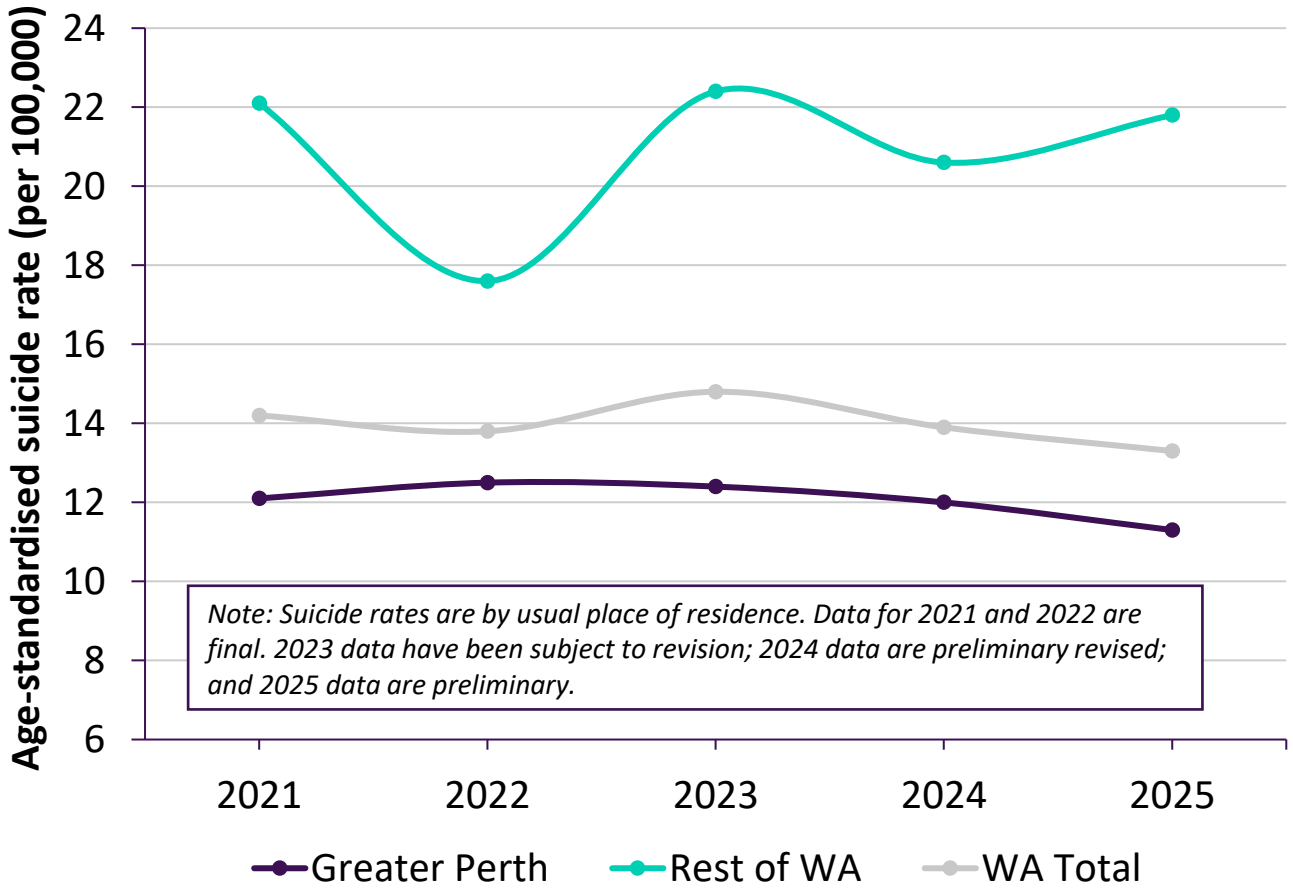


*Age-standardised suicide rates for Western Australia

Western Australia

Capital city compared to rest of state

- Greater Perth had a **lower** suicide rate compared to the rest of Western Australia.
- A similar trend was observed across all states and territories.



Western Australia

Suicide rates by Primary Health Network

- Country WA PHN had the **highest** age-standardised suicide rate in Western Australia (21.7 per 100,000).
- Perth North (11.9 per 100,000) and Perth South (10.7 per 100,000) had **lower** age-standardised suicide rates.

Western Australia, 2025	
Primary Health Network	**Rate**
Country WA	21.7
Perth North	11.9
Perth South	10.7
Whole of Western Australia	**13.3**
Australia	**11.6**

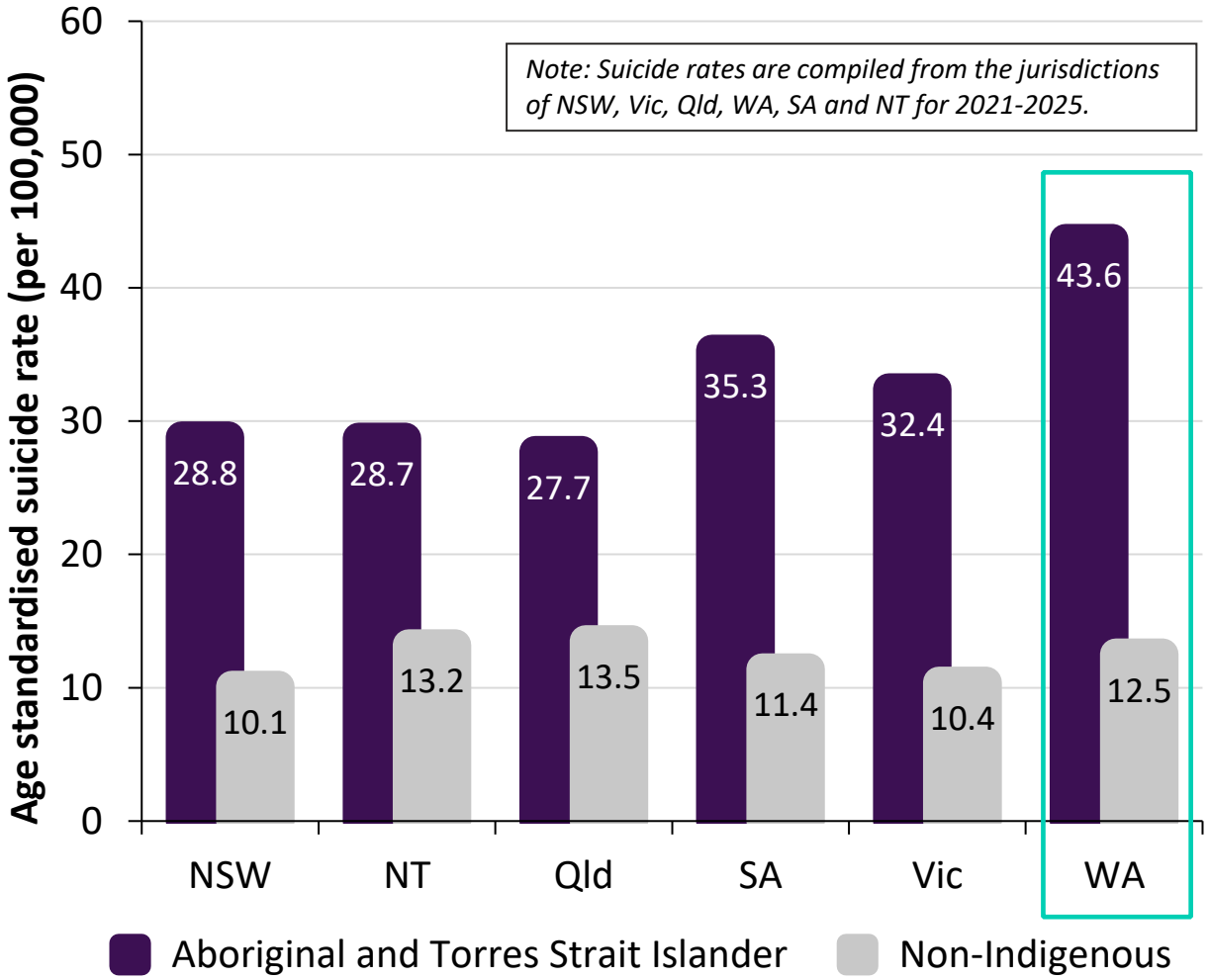
Note: Rates are age-standardised per 100,000. 2025 data are preliminary.

Western Australia

Suicide rates for Aboriginal and Torres Strait Islander people

Rates of suicide can change a lot each year, especially in smaller states or territories. Combining data across five years (2021-2025) helps to give more reliable rate estimates.

- Across the five years, **249** Aboriginal and Torres Strait Islander people died by suicide in Western Australia.
- The age-standardised suicide rate for Aboriginal and Torres Strait Islander people (43.6 per 100,000) was **3.5 times higher** than the non-Indigenous age-standardised suicide rate (12.5 per 100,000).



Support services

Lifeline
13 11 14 | Text 24/7 0477 13 11 14 | lifeline.org.au

13YARN
13 92 76 | 13yarn.org.au
Aboriginal and Torres Strait Islander service 24/7

Suicide Call Back Service
1300 659 467 | suicidecallbackservice.org.au

Beyond Blue
1300 224 636 | forums.beyondblue.org.au

StandBy Support After Suicide
1300 727 247 | standbysupport.com.au

QLife
1800 184 527 | qlife.org.au
LGBTIQ+ service available 3pm-9pm

MensLine Australia
1300 789 978 | mensline.org.au

Youth

Kids Helpline 1800 55 1800 | kidshelpline.com.au

headspace 1800 650 890 | headspace.org.au

ReachOut reachout.com.au

Other resources

Medicare Mental Health
medicarementalhealth.gov.au

SANE online forums
saneforums.org | 1800 187 263 (Mon-Fri, 10am-8pm)

Embrace Multicultural Mental Health
embracementalhealth.org.au

National Alcohol and Other Drug Hotline
1800 250 015

Gambling Help Online
1800 858 858 | gamblinghelponline.org.au

Life in Mind

Life in Mind is a knowledge exchange portal providing translated evidence, policy, data and resources in suicide prevention, and host of the *National communications charter (the Charter).*

Life in Mind provides sector leadership through collaboration and engagement, and facilitates access to current evidence-based suicide prevention resources, services, research and policy through an easily accessible digital portal.

Thank you

An EVERYMIND program

lifeinmind.org.au